



**tangled**  
feet

Press Release: Theatre  
December 2015  
#NeedALittleHelp

# Need a Little Help

By Tangled Feet

**UK TOUR**  
March 3rd – May 14th 2016

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## Tangled Feet take children's theatre performance inspired by the stories of Young Carers on UK Tour (March-May 2016)

There are currently 700,000 young carers in the UK. 13,000 of them work as a carer over 50 hours a week. Experts think the real numbers involved could be much higher.

Joe and Ella are a great team - they make each other laugh, help each other out and tackle all the chores their busy lives throw at them. But one morning things begin to change when Joe gets all tangled up and Ella has to do things alone. What will Ella do now? Will she be able to continue as before or will it all get too much?

Based on the experiences of young carers, the piece explores what it means to look after someone else when you are young. In a uniquely designed immersive space, the young audience will help the performers look after each other, stepping into the shoes of young carers.

Need a Little Help is a deeply moving and joyfully uplifting piece of interactive and physical theatre from award winning ensemble Tangled Feet, working in partnership with children's theatre specialists, Half Moon.

A unique experience for 3-7 year olds and their families.

Co-Artistic Director of Tangled Feet and Director of Need A Little Help Nathan Curry said: "We are completely thrilled to be taking Need A Little Help on tour following its premiere at Half Moon Theatre. The show is inspired by some of the young carers we have been working with in London who have acted as Creative Consultants on the piece and are truly remarkable young people. All children have a natural empathy and desire to care and by allowing these stories to exist in an immersive space that allows the audience to get involved we celebrate what it means to look after someone else."

### Dates:

Half Moon Theatre, London March 3rd, 4th and 5th

ARC, Stockton March 11th and 12th

Brighton Dome, April 1st, 2nd and 3rd

Northern Stage, Newcastle April 5th and 6th

Canada Water Arts Centre, London April 8th and 9th

The Point, Eastleigh May 14th

### Need A Little Help was originally part of Tangled Feet's 2015 Care Season:

a body of work exploring the values and experiences inherent in our care system.

## ENDS

For press tickets, further information, images or interview requests please contact Nathan Curry at Nathan@tangledfeet.com

## NOTES TO EDITORS

Cast: Sarah Calver and Mario Christofides

Director: Nathan Curry

Designer: Georgia Lowe

Sound: Guy Connelly of Clock Opera

Dramaturg: Fiona Geddes

Dramatherapist: Alexis Ramsden

Creative Consultant: Chris Elwell



## Tangled Feet are

a physical theatre ensemble dedicated to devising original, accessible and innovative work. Since 2003, its productions have been pushing the boundaries of theatrical practice, exploring and exploiting the live encounter between audience and performer, and rethinking where and how performance happens.

The company makes transformative theatre in public places, found spaces and theatre buildings. It has a reputation for creating work explicitly conceived for public spaces that involve and interact with the public, including; shopping centres, parks, nightclubs, school playing fields, disused buildings and high streets.

[www.tangledfeet.com](http://www.tangledfeet.com)

Facebook: [www.facebook.com/tangledfeet](https://www.facebook.com/tangledfeet)

Twitter: [@tangledfeet](https://twitter.com/tangledfeet)

## Half Moon is

is a local organisation with a national remit, committed to supporting artists and young people at every stage of their creative development. Working from their base in East London, Half Moon specialise in new writing and artform development, acting as a gateway organisation that provides pathways for progression and experimentation. Half Moon's wide-ranging programme reaches 49,000 people annually and engages those who are often excluded from arts activity. Half Moon's activities includes a season of professional plays for young audiences, national touring productions and an extensive creative learning programme, including six youth theatres.

[www.halfmoon.org.uk](http://www.halfmoon.org.uk)

Facebook: [www.facebook.com/halfmoontheatre](https://www.facebook.com/halfmoontheatre)

Twitter: [@halfmoontheatre](https://twitter.com/halfmoontheatre)

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